# School Calendar

## Deputy Principal's Address

## News and Events

## MSHS P&C Association

## The Community

## SCHOOL CALENDAR

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<thead>
<tr>
<th>WEEK 8</th>
<th>2014 TERM 3</th>
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<tr>
<td>Tues, 02 Sep</td>
<td>QCS Test</td>
</tr>
<tr>
<td>Wed, 03 Sep</td>
<td>QCS Test</td>
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<tr>
<td>Fri, 05 Sep</td>
<td>QMEA Energy for Future</td>
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<tr>
<th>WEEK 9</th>
<th>Senior Assessment Week</th>
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| Wed, 10 Sep  | Yr 8 Boys & Girls Immunisations  
               Yr 10 boys Immunisations |

| WEEK 10      | Yr 10 Work Placement  
               Yr 12 Marine & Aquatic Practices Camp |
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<tr>
<td>Wed, 17 Sep</td>
<td>Days of Excellence Culmination Afternoon</td>
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<td>Fri, 19 Sep</td>
<td>Final Day of Term 3</td>
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<th>Spring Vacation - 20 September to 06 October</th>
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Spring Vacation - 20 September to 06 October
We endeavour to keep any variations to the Calendar to a minimum.
Please review the Calendar each Newsletter to stay abreast of any possible variations.

DEPUTY PRINCIPAL’S ADDRESS

Farewell from Miss Radford

Over the past two weeks I have been thinking about how nine years at Moranbah State High School has shaped me as a teacher, and I am happy to say that my memories are definitely positive ones. It is with mixed feelings, both sadness and a sense of anticipation, that I write the Deputy Principal Address to say farewell to Moranbah State High School, before beginning a position as Deputy Principal at North Lakes State College in Brisbane.

In 2005, I moved to Moranbah as a first year teacher, having opted to move anywhere in Queensland. Arriving bright eyed, bushy tailed, and ready to begin the career I had spent five years preparing for, it seems in a blink of an eye I have found myself nine years later, wondering where time has gone. Working as a teacher, a Head of Department and a Deputy Principal at Moranbah State High School has been very rewarding. I have been provided with opportunities that I am truly grateful for, and have worked with amazing staff who have helped to shape my career, and supported me as I have grown, not just as a professional, but as a person.

To our wonderful staff, I would like to say thank you for your commitment to our school and to teaching our students, and for the support you have shown me throughout my time here. Teaching is a profession that you enter because deep down you truly love teaching, you want to influence, mentor and encourage children to develop their understanding of themselves and others, and support them to be successful both in school and beyond. I believe there is always one teacher that, as an adult, you recall as having had a significant impact on you, and I am certain that we have teachers at our school that will be remembered fondly by our students for years to come.

To the students, what wonderful students you are. I have seen so many of you grow and mature throughout your schooling and have, each year, enjoyed seeing our Year 12s graduate and enter the big wide world, recalling them as Year 8 and 9 students who were still finding their feet, Year 10s who were considering what they wanted to do with their lives, and Year 11 and 12 students working so hard to achieve this. As a Deputy Principal, I get to see you through the high times and the low times, and I am always impressed by the gains that you make, no matter how small or large they are.

To our parents of Moranbah State High School, thank you for your support of the direction of our school, and the work that we do as educators. Partnerships with parents are so important and we as a school are very proud of the partnerships that we have with you. There are many of you that I feel I
have come to know well in the small community that we have, and I have appreciated the support you have shown me as a Deputy Principal and a member of our community.

Moranbah is a unique town that I will be sad to say goodbye to this coming Friday. Although I am excited for a new adventure, I will be surely feeling a sense of sadness driving past the Red Bucket one last time. It has given me such positive experiences and great friendships and I will be forever grateful for the opportunities it has provided me.

Thank you and farewell.

Miss Radford

MOBILE PHONE, IPOD & MP3 DEVICE POLICY

Effective SEMESTER 2, 2014

CLICK HERE for an updated MSHS DEVICE POLICY

TERM 3 ASSESSMENT CALENDARS

Links to your student's Term 3 Assessment Calendars are below.

Assessment Calendars will help your student, and you, keep track of when assessments or exams are due.

Please print out your student's relevant Calendar and keep in a visible spot as a reminder that there's work to do!

CLICK HERE for Year 8 Assessment Calendar

CLICK HERE for Year 9 Assessment Calendar

CLICK HERE for Year 10 Assessment Calendar

CLICK HERE for Year 11 Assessment Calendar

CLICK HERE for Year 12 Assessment Calendar
2014 SUBJECT LEVIES / STUDENT RESOURCE SCHEME

At the end of Term 1, parents/carers would have received information regarding the 2014 Subject Levies and Student Resource Scheme, with their student's report card. These fees ensure the successful delivery of your child's education at Moranbah State High School.

SUBJECT LEVIES apply if your child partakes in one of the following subjects that incurs a levy:

- Year 8: Art, Home Economics, Manual Arts
- Year 9: Art, Shop A (Furnishing), Shop B (Engineering), Home Economics, Graphics
- Year 10: Art, Shop A (Furnishing), Shop B (Engineering), Home Economics, Graphics
- Year 11: Art (OP), Furnishing (SAS), Engineering (SAS), Graphics, Marine & Aquatic Practices (SAS),

STUDENT RESOURCE SCHEME (SRS) - Option A or B

Option A - Participate in the Student Resource Scheme - $180 per Student
The purpose of the scheme is to provide the parents with a cost effective alternative to purchasing textbooks, resources, consumables and/or materials from elsewhere, through reduced prices gained from the schools bulk purchasing process.

Option B - To Not Participate in Student Resource Scheme and Provide Your Own Books and Resources
You will need to contact the school to make alternative arrangements to meet the obligation of purchasing all necessary textbooks and resources required.

- The cost of providing your own books and resources will far exceed the fees you pay under the Student Resource Scheme. -

You are entitled to receive a payment from the school to the value of the Government Textbook Allowance for your student - $115 for Years 8-10 and $250 for Years 11-12.

On receipt of your completed Participation Agreement Form stating your non-participation; you will receive a Request for Reimbursement Form from the school which must be completed and returned in order for your payment to be processed.

If you are experiencing financial hardship, please contact the School to make alternative payment arrangements. All discussions will be held in strict confidence.

Students whose Subject Levies have not been paid will be required to make a subject change.
Please contact the Administration Office on 4949 2111 should you have any questions regarding the Student Resource Scheme or Subject Levy Schedule, or to discuss payment options.

**BRING YOUR OWN DEVICE (BYOD) PROGRAM**

Moranbah State High School has been developing a BYOD program based on research and practice from pilot schools across the state. At the end of 2014 schools will no longer receive federal funding to purchase or upgrade their computer technologies and a decision was made to encourage all Moranbah SHS students to bring their own suitable device for the 2015 school year. We anticipate that the BYOD program will assist in engaging students in their learning and allow parents the freedom to select a suitable device based on their own personal circumstances.

Students will have the option to bring in an existing device from home or purchase a new laptop / tablet that meets our minimum specifications. The BYOD program allows for students to connect their personal device to the schools server and internet though we do encourage parents to think about having their own internet access while at school as this will maximise the effectiveness of the device. This program will allow parents to be involved in the day-to-day learning experiences of their children in a much more hands-on way and enables easier / faster communication between parent, teacher and student. Moranbah SHS BYOD program enables students have the necessary equipment to maximise their learning experiences in class and also ensures students are technologically literate on the completion of their schooling.

**Minimum specifications for BYOD:**

<table>
<thead>
<tr>
<th>Machine type</th>
<th>Laptop / Notebook</th>
<th>Hard drive</th>
<th>250GB or higher</th>
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<tbody>
<tr>
<td>Platform</td>
<td>PC</td>
<td>Operating system</td>
<td>Windows 7 Professional or higher</td>
</tr>
<tr>
<td>Screen size</td>
<td>13 inches or bigger</td>
<td>Wireless</td>
<td>802.11g or higher</td>
</tr>
</tbody>
</table>
**PLEASE NOTE: APPLE PRODUCTS WILL NOT BE SUPPORTED BY THIS PROGRAM.**

**Accidental Damage**

Students will be responsible for the day to day care of their BYOD and the cost of any accidental damage. Moranbah SHS will be putting procedures in place to assist Junior Secondary Students to care for their laptops at break times to reduce the likelihood of accidental damage. We recommend if purchasing a new device that parent’s look at Accidental Damage insurance as a part of the device package.

Examples of suitable devices are shown on the reverse side of this letter though more options may be available through our Harvey Norman retail stand. If you have any questions regarding Moranbah State High School’s BYOD program, please do not hesitate to contact me on the above telephone number.

Lee Merrett - ICT Head of Department

**FUTURE PROBLEM SOLVING (FPS)**

**Runs a Highly Successful Brisbane Excursion**

From 16-19 August, Year 9 and 10 Future Problem Solving (FPS) students from Moranbah State High travelled to Brisbane for the first ever FPS Excursion. The goal was to expose students to cutting edge technologies and professional experiences that only exist in conversations in rural towns such as Moranbah.

For the 19 gifted and talented students who were lucky enough to attend the 4 day excursion, it was a truly eye opening experience. They were able to visit two world class research facilities; see machines that helped map the human genome; conduct genetic experiments; experience a philosophy lecture at University of Queensland; visit the Queensland Museum, Brisbane Planetarium and Museum of Modern Art.
One of the best moments of the trip included students debating “free will” with a UQ philosophy professor. Another was an afternoon tea with a large number of the scientists from the Institute of Molecular Biology where students were able to engage these professionals in conversations about their fields of research and the hopes for the future of science.

Academic excellence, investigating our world’s flaws and achievements, and a constant pursuit of deeper critical thinking are key aspects of the Future Problem Solving. We are very lucky at a school in this region to have a program that allows teachers and gifted students to explore their world intellectually.

**NEED for FEED**

**Cooking Classes for Students in Grades 7-10**

We are excited to announce that the popular Diabetes Queensland school cooking program *Need for Feed* is coming to our school! Kids all across Queensland are participating in this hands on program and it is now available for up to 20 lucky students’ in years 7 to 10.

This hands-on approach to cooking will expose students to a variety of dishes, basic skills involved in preparing and cooking meals from scratch and will improve students’ awareness healthy eating. The program will be run outside of school hours with the guidance of qualified staff, making the cooking experience both safe and enjoyable.

All participants will receive a *Need for Feed* program booklet and a chef's hat for participating in the program. A small fee of $20 in total will be charged for participation in the cooking class that can be paid to the school.

The program will commence on **Thursday, 7 August at 3:15 pm** and will be run within the school home economics room. The program will run for 7 weeks, with one session per week.

As there are only 20 spots available, please contact Miss Jennie Cartwright (4949 2129) if you have any questions or your child can visit H block staffroom to register, but hurry, spots **WILL** fill fast!

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**NEW LAWS FOR STUDENT JOBS**

There are new laws to ensure school students aren't working too many hours, which can disrupt their schooling, or be harmful to their health and safety.

**What are the changes to working arrangements for students?**

School-aged students (those under 16 years and still to complete Year 10) now need written parental consent to undertake work (whether paid or unpaid). Parental consent is not required for work in a family business.

**How many hours can my child work each week?**

A school-aged student can work a maximum of 12 hours during a school week (starting on Sunday) and a maximum of 38 hours during a non-school week. Students can work a maximum of four hours on a school day and a maximum of eight hours on a non-school day. Restrictions regarding work hours have also been introduced, with school-aged students not allowed to work between 10pm and 6am.

**Why have the new laws been introduced?**

The Child Employment Act 2006 offers students greater protection from workplace exploitation and ensures their studies are not adversely affected, without denying students the positive learning experience of part-time work.

**What are the new obligations for parents and employers?**

Employers are required to obtain a parent's consent form on which the parent needs to stipulate the hours the student is required to be at school. The employer is legally required to keep the consent form on file.
**MORANBAH COMMUNITY WORKERS' CLUB**

**COMMUNITY PARTNERSHIP PROGRAM**

When you use your Moranbah Community Workers' Club (MCWC) membership card, you can support Moranbah State High School.

All you need to do is complete the attached MCWC Community Partnership Program Registration Form, nominating 'Moranbah High School P&C Assoc' as your community organisation, drop it into the Moranbah Community Workers' Club or High School office, then everytime you use your membership card, the High School benefits.

At the end of each financial year, the MCWC will make a financial donation to your chosen organisation, Moranbah High School P&C Association, which is then forwarded to MSHS for resources, etc.

*What an easy way to support your school!*

[CLICK HERE](http://...for a Community Partnership Program Registration Form.

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**5 MENTAL HEALTH HABITS TO PROMOTE IN KIDS**

*INSIGHTS by Michael Grose - No1 parenting educator*

Kids who are mentally healthy are equipped to handle many of life's curve balls that come their way. They also don't let their emotions overwhelm them. As a result, they learn better and have more friends as well.

It seems strange to talk about promoting good mental health in children.

Shouldn't all children naturally have good mental health habits? After all, childhood is supposed to be a pretty relaxed time of life, free from the pressures and stresses that can come with adulthood.

Sadly, it doesn't seem that way. According to the Australian Psychological Society, one in seven Australian children experience some type of mental health issue, with ADHD, anxiety and depression being the most common kind.

Having good mental health doesn't mean that kids don't experience difficulties or worries. Feeling worried, sad or fearful is normal. Kids who are mentally healthy are equipped to handle many of life's curve balls that come their way. They also don't let their emotions overwhelm them. As a result, they learn better and have more friends as well.
As a parent, it's useful to reflect on the mental health habits that you promote in your kids. Here are five basic mental health habits that you can consider right now:

1. **Sleep**: Sleep is one of the building blocks of mental health and well-being. Many children and just about all teenagers are sleep-deprived at the moment. Many parents are sleep-deprived as well!!! Children need between 10 and 12 hours sleep to enable proper growth and development, while teenagers need a minimum of nine hours. One of the single most powerful strategies to improve kids' ability to cope with stressful or changing situations is to ensure they get enough sleep.

2. **Exercise**: When my mum told me all those years ago to turn the television off and go outside and play she didn't know that she was promoting good mental health. She just knew that physical activity was a good thing for an active, growing boy. Kids today get less exercise than those of past generations, which is an impediment to mental health. Exercise stimulates the chemicals that improve mood and release the stress that builds up over a day. An hour's movement per day seems the minimum for kids. **How much exercise does your child receive?**

3. **Help Others**: Social isolation is a huge predictor of poor mental health. Encourage your child to be connected to others and to help others in any way possible. Helping others reinforces social connectedness and the importance of being part of community, as well as providing opportunities for positive recognition.

4. **Talk**: A problem shared is a problem halved! Talking about what's worrying you is a great way to remove the burden of worry and reduce anxiousness. Some kids bottle up what's inside, while others will catastrophise a situation, which can make matters seem worse. If your child or young person has a problem let him know that his concerns are important to you. Kids often can't tell you what may be wrong, so be observant and gently ask questions to help you get a clearer picture of how they may be feeling.

5. **Relaxation**: Make sure your child or young person has a hobby or activity that relaxes them. The ability to relax and get away from the stresses of everyday life is essential. Some children who have real difficulty switching-off may benefit from practising meditation or mindfulness, but most kids just need to have the time to chill out, and they'll relax quite naturally.

These five habits are basic common sense. However, as kids' lives get busier these essentials get squeezed out. Here's my recommendation to ensure that mental health habits don't get overlooked or neglected.

**First**, see these habits as the building blocks of mental health. Don't ignore them or trivialise them. Talk to your children and tie these activities to their mental health but do so in your own way and in your own timeframe.
Second, assess which of these five essential habits need your attention and make some adjustments over time to push the pendulum back, if necessary, in favour of your child's mental health.

NATIONAL COLLECTION OF DATA
ON SCHOOL STUDENTS WITH DISABILITY

Collecting data on school students with disability helps teachers, principals and education authorities support the participation of students with disability in schooling on the same basis as students without disability.

All Australian Governments have agreed to work together on the annual collection of data on school students with disability.

In 2013, 10% of Queensland state schools participated in the first year of implementation. In 2014, two thirds of Queensland schools will participate and all schools will be collect data from 2015. Our school was involved in 2013 and will be involved in the nationally consistent collection of data again this year.

Please be reassured that the Department will not provide on to another organisation any data that can identify an individual student. The only data being collected at the school level to be reported nationally is the:

- number of students in the school who are provided with an adjustment to address a disability;
- level of adjustments we provide for those students; and
- broad category of disability.

Consultation with parents is important not only for the data collection but also to ensure you aware of the adjustments being provided to support your child. We will therefore continue to consult with you.

While only data that cannot identify your child will be submitted outside of the Department, if you do not wish for your child’s details to be included, please contact Miss Angela Radford on 4949 2111 or aradf5@eq.edu.au

Information and fact sheets are available to help you make a decision from the:


Alternatively, if you have any queries about the collection or use of this data I encourage you to contact me directly.

Miss Angela Radford, Deputy Principal
NEWS AND EVENTS

"THE GOOD READ" CHALLENGE

Are you struggling to get your child to read? Not sure how to motivate them? Why don't you both take up the good read challenge?

The good read challenge is a website that you can log into and it helps you to choose books that interest you. Many of the books on the website can be found in our school library or the town library. The English teachers at Moranbah State High School have joined this website and would love your child to join it too. The website is a fantastic way for your child to locate books of interest and to discover different interests in books. The Good Read challenge allows students to choose a potential reading list and tracks their movement through the list. It allows them to rate the books they have read and look at what their friends are reading as well.

The link for the website is: https://www.goodreads.com/

Join the challenge and instil a love of reading in your child!

MAKE EVERYDAY COUNT IN 2014

Make 2014 the year when your child doesn't miss a day of school. Research shows that students who have good patterns of attendance are more likely to achieve at school. If students aren't at school or don't stay the whole day, they are missing valuable lessons. Check out the new Every Day Counts videos live on DETE TV.

http://www.youtube.com/DETQueensland

HOMEWORK CLUB

MONDAY Afternoons - 3-4pm

Homework Club is an initiative put in place for students who may need a quiet space outside of school hours to complete homework or consult with a teacher regarding assessment.
Homework Club suits a range of students, including those who come from busy homes; students who may need additional help regarding homework completion; those without adequate technology to complete work; and even those students who just enjoy working in a quiet, supportive space.

Homework Club occurs **MONDAY** afternoons from 3-4pm in K16 & K18 and is monitored by a teacher who is there to ensure your child has access to facilities and advice in order to complete their homework or assessment. For more information, email Mr Jamon Bull at jbull125@eq.edu.au or call the school on 4949 2111.

Mr Jamon Bull
Classroom Teacher (History/FPS)
Homework Club Coordinator
Year Level Coordinator (Year 10)

**MRAEL eNEWSLETTER**

MRAEL produce a quarterly eNewsletter to provide students, parents and teachers with information regard traineeships and apprenticeships. The link to the eNewsletter is listed below:


Phone: 1300 4 MRAEL (1300 467 235)
Website: www.mrael.com.au

**MSHS is NOW on FACEBOOK**

Like us on Facebook at Moranbah State High School. The official page features the school logo.

*To protect the safety and integrity of the site, all posts are subject to approval.*

If you have any questions please contact me at jbrow302@eq.edu.au

**ATTENTION PARENTS / CAREGIVERS**
If you have recently changed your contact details -

i.e. your home address, home phone number, mobile phone number, place of employment, work phone number, etc,

Please contact our office - 4949 2111 - as soon as possible,
so that we can ensure our records are up-to-date.

COALFIELDS TRAINING EXCELLENCE CENTRE

Coalfields Training Excellence Centre offers high quality training facilities right here in the heart of the Coalfields.

~ Training rooms ~ Boardroom
~ Computer lab ~ Workshop
~ Full catering available

Please contact the Centre for more information.

175 Mills Avenue Moranbah

Ph: 07 4949 2151
Fax: 07 4949 2154
ctec@moranbahshs.eq.edu.au

MSHS P&C ASSOCIATION

GENERAL MEETING
MONDAY, 08 SEPTEMBER 2014 - 4:30PM

MSHS LIBRARY

- President  -  Lee Booth
- Vice President  -  Craig Miels
- Secretary  -  Jodie Cliffe
- Treasurer  -  Terri Barwick

EVERYBODY WELCOME !!!

MSHS PARENTS & CITIZENS Assoc

“Research shows that children perform better at school when their parents are involved in their education.”

What does a P&C do?
The P&C is about people – just like you – parents, care givers and community minded people who want to help their school. You work very closely with your school, building a stronger school community, where all children benefit.

How YOU can help! There are a number of ways to be involved:
+ Just by joining your P&C you add your voice to what's happening in the school;
+ Attend P&C meetings;
+ Tuckshop volunteer;
+ Committee member.

REMEMBER: The things YOU do make a Real difference!

- Join Your P&C -

ATTENTION!!! WE NEED YOUR HELP!!!

MSHS Tuckshop is a major fundraising initiative run by the P&C Assoc which provides an invaluable service to the students and staff of MSHS.
The Tuckshop relies heavily on volunteer support to maintain this service, and as you can see on the following Tuckshop Roster, 

**WE NEED YOUR HELP!**

*Your assistance would be greatly appreciated - even if you can only help out a couple of hours a day, a week, a fortnight or a month.*

*Experience is not required!*

You can even assist from home by writing on food bags and containers, tearing alfoil, etc.

If you are interested in lending a hand, or would like further information, please contact our Tuckshop Convenor, Sharon Dempster on 4949 2139.

*Every little bit helps!*

THE COMMUNITY
Flying fox management at home

Tips to manage your property and what to do if flying foxes camp in your yard

Flying foxes naturally migrate through the Isaac region and generally establish temporary camps in residential areas from August through to November. Flying foxes are a natural part of the Isaac landscape and regularly pass through our towns on an annual basis.

There are a number of steps you can take to prepare for flying fox season including how to make your yard less attractive; how to manage your property if flying foxes do camp in town; and what to do if flying foxes establish a camp in your trees.

To make your yard and trees near your house less attractive to flying foxes:
- Clear the under-storey and remove some branches of the trees.
- Plant low, dense trees and shrubs around fence lines, forming a barrier around your yard to deter flying-fox roosts.

To discourage flying foxes camping in your trees and/or to minimize their impacts, it is suggested you:
- Consider positioning lights under your trees, shining upwards, being considerate of your neighbours. Beware of exposed electrical connections and seek professional advice if you're unsure.
- Consider sprinklers in trees at night. Be responsible with water use.
- Try predator decoys or shiny objects in trees eg Rubber snakes, aluminum foil or CDs.
- Provide shelter for your pets and horses at night.
- Do not to leave your washing out at night.
- Park your car underneath shelter to avoid flying-fox droppings.

Things you need to know:
- If you have flying foxes roosting in your trees, contact Council immediately, and our environmental team will investigate the roost.
- Do not disturb flying foxes roosting during the day. Disturbing, harming or causing nuisance towards flying fox colonies without a permit is illegal. Daytime harassment stresses the colony. It lowers their health which means they are too weak to migrate away from town areas, actually prolonging their stay.
- If you notice anyone else disturbing the flying foxes during the day, contact Council immediately.
- Keep pets away from flying foxes. If they eat or bite a dead or live flying fox, take them directly to the vet.
- In the unlikely event you are scratched or bitten by a flying fox seek medical attention immediately.

ISAAC REGIONAL COUNCIL
Visit www.isaac.qld.gov.au
or call 1300 ISAACS
*390 47 22 27*
*to find out more*

isaac... the region of first choice
PRO DRIVER LOGISTICS

I will be visiting Moranbah on Wednesdays at this stage, weekly, if numbers allow.

Lessons will be conducted in a Hilux dual cab ute fitted with dual controls.

Don't forget that every hour spent with an instructor amounts to three (3) hours in your logbook (up to 30 hours).

Parking and Trailer towing lessons also available.
People are our community – how can we help?

Moranbah
A free Mental Health Workshop

A workshop to provide you with the skills to recognise when people in your community may need someone to talk to.

“Local people identifying local issues and finding local solutions.”

These free workshops seek to build the capacity of individuals and services to be able to identify and assist people within their community when they need it most.

Participants are made aware of what to look out for in community members who may be struggling because of drought, personal crisis or traumatic events.

This workshop will provide participants with strategies to:

- explore how people respond during and after traumatic events
- identify ways to assist people who have been affected by a potentially traumatic event
- identify and assist people who may be at risk to suicide or depression
- explore ways to look after themselves while assisting others

Church Hall
69 Belyando Avenue, Moranbah
Tuesday 9th September 2014
10:00 am – 2:00 pm
Lunch will be provided

This program is proudly delivered by UnitingCare Community and is supported by Queensland Health and the Queensland Department of Agriculture, Fisheries and Forestry.

Contact details
For more information or to register to attend, please contact:
UnitingCare Community
P: (07) 3634 2400
E: community.recovery@community.org.au
free self defence training

Tuesday, 16 September 4.00pm or 5.30pm
Groups of 20
Open to all adults
Please wear clothes suitable for Sports Activity
No buttoned Shirts
Undercover Area Moranbah State High School
Mills Ave, Moranbah
Instructor : Rick Lewis

FREE EVENT
Bookings required
Contact: Judy Naumann 0408963062 Email: jnevents34@hotmail.com

Thank you to our Sponsor
Women’s health seminar

Unlocking the secrets of being a woman
A guide to female health through the ages (0-99 years)

Meet Dr Margaret Swenson from Moranbah Medical

When: Wednesday 15th October 2014
Where: 1971 Boutique Bar
Time: 6.00 - 8.30pm

RSVP: Friday 10th October 2014 to healthseminars@westfund.com.au or text 0448 105 610

We're here for you
www.westfund.com.au

Find us on Facebook
LITTLE ARTIST'S EXHIBITION

September 1 - 30th

ALL WELCOME

Coalface Gallery - Isaac Regional Council Building
Showcase Afternoon - Wednesday 3rd, 4pm-5pm

Parents and Little Artists bring a plate to share.

A MUST SEE!!!
An Exciting Curation of Artworks from Children of All Ages!
Prepared by Ms. Jackie Willems

27th SEPTEMBER
ARTS COUNCIL WORKSHOP
Canvas Painting for Kids and Visits to the Exhibition!
Stage Area - Council Building

(Contact Majella - 0409616535 for all enquiries)
Make your mark!

FREE Mandala workshop for kids (6+)
as part of Moranbah Arts 40th anniversary!
21 September ‘14

Celebrate Moranbah Arts 40th anniversary with this free RADF funded art workshop for kids.
In this workshop children will create their personal mandala, using watercolor paints and markers.
Mandala art is a safe and creative way for children to express themselves and learn new techniques.
No prior art experience is necessary. Just...

Make your mark and see where it takes you!

When: Sunday the 21st of September 2014
Times: 9:30am-11am, 11:30am-1pm, 2:30pm-4pm
Venue: Moranbah Youth Centre.
Costs: $5 donation towards material costs.

Nienke Berghuis - Art Therapist
www.authenticworkshops.com

For more information and bookings email:
nienke@authenticworkshops.com

The Regional Arts Development Fund is a Queensland Government through Arts Queensland and Isaac Regional Council partnership to support local arts and culture.
BRIAN MARTIN MUSIC

presents

Joy of Singing Moranbah

Sat 13th & Sun 14th September 2014
9.30am till 4pm

Including a fundraising concert on Sunday at 2pm

An exciting A Cappella singing workshop
for shower singers and experienced singers.

No experience is necessary, just a willingness to sing
and have fun. Open to all singers from 12 years and
above.

Singing together can:
- be a magical experience that opens the heart
- release stress and help us to relate to others
- build confidence
- be uplifting and energizing

This workshop covers:
- understanding what makes up a harmony
- aligning your voice to harmony
- how to hold your own part in a harmony
- harmonies from around the world

Individual or small group
singing lessons available
on Friday 12 September

Cost: 2 days $100 for Moranbah Arts members, $130 for non-members
1 day (Saturday only) $65 for Moranbah Arts members, $80 non-members
Venue: The Chapel, Moranbah Community Centre
Concert: 2pm, Sunday 14th September – also in The Chapel, Moranbah Community Centre
(all proceeds from the concert will go to Mental Illness Fellowship North Qld Inc)

Brian Martin has taught singing and harmony for
over 20 years, as vocal coach and choir director, in
Australia and overseas. His mission is to
spread harmony with harmony.

www.facebook.com/brianmartinmusic/
www.brianmartinmusic.com.au

For more information
and to book,
please contact Jessica
on 0409065331 or email
jessica.bleary@hotmail.com

The Regional Arts Development Fund
is a Queensland Government through
Arts Queensland and
Isaac Regional Council
partnership to support
local arts and culture.
canvas Painting for Kids

With Majella Hoffmann

Little Artist's

Saturday 27.09.14

Theme Black & White

9.30 to 11AM
3 to 6 Yr Olds

12 to 1.30PM
7 Yrs Plus

Cost $20 (Members $25)

Contact Majella Hoffmann
0409 616 535 for booking and enquiries

Workshops will take place at the Capricorn Gallery, Isaac Regional Council - Stage area.

Participants should bring water and a snack (optional).

Parental supervision not required

Workshops are limited to 15 kids each session, so book early to avoid disappointment.
MORANBAH

HOME & LEISURE EXPO

Saturday Oct 11th & Sunday Oct 12th
Moranbah Community Centre & Ted Rolfe Oval Mills Ave
10am Sat. 9am Sun.  FREE ENTRY

Sports Expo Sunday 12 October 9am to 12noon

The Rotary Club of Moranbah are currently looking at ways to ensure the continued success of this valuable Community Event and we wish to invite all of the Sporting Groups in Moranbah to come along to an information session at the Moranbah Community Workers Club on this Wednesday 6 August at 7.30pm for Sports Clubs to explore and consider committing to being part of the Sports Expo at the 2014 Home and Leisure Expo.

You may wish to consider doing a session or demo at a set time or having a display and information on your sport.

Setting up an obstacle course and running a beat the time competition.

A late for the Train or Anything goes Relay.

Running a Moranbah 100metre Sprint Race.

If your Club would like more information or wants to commit to the Sports Expo please contact Judy Naumann M: 0408963062
Email:jnevents34@hotmail.com
HOME & LEISURE
EXPO 2014

Saturday Oct 11th & Sunday Oct 12th
Moranbah Community Centre & Ted Rolfe Oval
10am Sat. 9am Sun.  FREE ENTRY

Cow Art Competition
Create a Cow Paddock on Ted Rolfe Oval

Two Categories of Entries
Open Competition
Children and Adult Classes
Entry Fee: $20 Child  $25 Adult
Business Cows
Entry Fee: $70
Entry Form and Cows at the ELAM Office
Town Square
Entries Close: Monday 29 September

All profits will go to supporting
Drought affected Farmers

Moranbah Rotary Interact Club Project

Contact: Nicole 0432694758 for further information

The Cow Art Competition is an initiative of CaneGrowers Mackay

HOME & LEISURE EXPO 2014

Saturday Oct 11th & Sunday Oct 12th
Moranbah Community Centre & Ted Rolfe Oval
10am Sat, 9am Sun  FREE ENTRY

BUY  SWAP  SELL

Ted Rolfe Oval Saturday 11 October
9.30am – 5pm

Cars  Boats  Caravans  Boot Loads  Trailer Loads
Any Second Hand or Recycled Goods Stalls
Site $10

All Profits go to Drought affected Farmers
Help keep a Farmer on the land

Be Part of Moranbah’s biggest ever Garage Sale

Hook a Site
Email: president@rotary.moranbah.org.au
0439925522 or 0408963062
Stall Holders to provide own Shade, Tables etc

Strictly Secondhand Goods Only
REJECTS
RED CARPET PARTY
LADIES ONLY

LIVE ENTERTAINMENT
TICKETS ON SALE
AUGUST 7TH & 14TH AT 6PM - 7PM
& THE MINERS RUGBY LEAGUE CLUB

WHEN: SATURDAY 6th SEPTEMBER 6PM
WHERE: MORANBAH RUGBY LEAGUE CLUB

$60.00 PER PERSON
3 COURSE HOLLYWOOD MENU

FOR MORE INFORMATION CALL KELLIE ON 0428 724 204
YOUR NIGHT TO SHINE
‘Doin’ It For The Troops’  
...doing something for PTSD.

And so can you, by purchasing this fundraising DVD from The Repat Foundation. This unique DVD features performances previously only seen by our serving troops and has the full support of the Australian music industry.

All money raised goes to The Repat Foundation for Post-Traumatic Stress Disorder (PTSD) Research and Projects nationally.

Purchase at www.therepatfoundation.org.au or phone (08) 82751039

Only $24.95
HAVE YOUR SAY ABOUT RAISING TEENS

IN THE TECHNOLOGY GENERATION!

Are you the parent of an 11-18 year old?

Help us understand the effect of technology on families!

Researchers from the University of Queensland are looking for parents to take part in an anonymous 30 minute survey about the influence of technology on parent-teenager relationships, parenting practices and teenager wellbeing.
The survey will include questions about technology use, your teenager's behaviour, their relationship with you, and your parenting. Your teenager can also take part in a similar anonymous survey.

We will use findings from the study to develop better ways to support parents to have good relationships with the teenager.

This research is completely voluntary and confidential. All participating parents and teenagers will be eligible to enter a draw to win a $50 Coles/Myer gift card!

For further information, and to take part in the survey, please visit:

https://exp.psy.uq.edu.au/parentteensurvey/

LOCAL BUYING COMMUNITY FOUNDATION

Are you a small business in MORANBAH, DYSART or NEBO?

Do you need a WEBSITE?

The Local Buying Community Foundation invites interested small businesses to participate in one of two initiatives designed to help small business design and develop their website.

CLICK HERE for more information

QUEENSLAND CHILD PROTECTION WEEK

7-13 September 2014
"STAR" - Students At Risk

Moranbah & District Support Services (MDSS)

The Goal of STAR is to provide all students with an equal opportunity to engage in a well-balanced educational experience.

Any family in financial need may inquire about funding through STAR at the Moranbah & District Support Services located at 92 Mills Avenue, Moranbah.

Funding is provided for families who seek assistance for:

- Books and stationary
- School uniforms
- School fees
- School excursions
- Arts Council events
• Year or Subject camps
• And more....

STAR is not a funded program and relies solely on donations.

If you would like to make a donation, please contact the Community & Individual Support Worker via phone: 4941 5164 or email: ciswmdss@moranbah.net.au

MDSS is a public benevolent institution and all donations are tax deductible.

SUPPORT MORANBAH STATE HIGH SCHOOL !!!

High Country Enterprises Community Support Program

When you shop at High Country Enterprises don’t forget to write ‘MSHS’ on the back of your Hardware or Garden Centre sales docket and drop into one of the entry boxes located in store.

For every dollar you spend at High Country Enterprises, they will donate a percentage of their sales, to our school – as long as you remember to write ‘MSHS’ on the back of your docket…

What a way to support your local community!!

MSHS would like to take this opportunity to thank High Country Enterprises for their past generosity and continued support of our great school!

FOSTER CARER
FAMILY LAW NETWORK AUSTRALIA

We have recently launched the website Family Law Network Australia. The website is a free information resource and referral service for family law matters.

We invite you to visit Family Law Network Australia at www.familylawmattersaustralia.com.au

QUEENSLAND POLICE SERVICE PARTY SAFE PROGRAM

Everyone enjoys going to or hosting a great party. For young people it is certainly a part of growing up and celebrating special occasions with friends.

The Queensland Police Service Party Safe program allows you to register your party with local police. Registering your party gives police the opportunity to supply you with some great advice and resources to help you organise a safe and lawful party. It also ensures that, if things do go wrong on the night, police have the information necessary to effectively deal with issues.

To find out more about Party Safe, and for some great ideas to help make your party safe, lawful and enjoyable for everyone concerned, including parents, hosts and guests, go to www.police.qld.gov.au/party.
"PARTY SAFE" FOR PARENTS

Everyone wants to enjoy themselves at a party and have a night out they will remember for all the right reasons. The following information contains strategies to help parents and guardians equip their children with the information they need to enjoy a safe party experience.

Inform yourself, speak with the party host and find out:

- How many people will be attending the party?
- Who and how many people will be supervising the party?
- Will alcohol be available at the party, and if so, how will it be managed?
- Will food be available at the party?
- What time is the party expected to finish?
- Will the party be registered with the police?
- Get the phone number of the house where the party is being held or the mobile phone number of the host.

** Reach an agreement with your child about how they will be getting home and who might accompany them home. Discourage them from walking home alone.

** Discuss what they should do if there are unexpected delays or problems with getting home, including how they might contact you to let you know of the delay or problem.

** Let your child know that you are prepared to go and pick them up. Whilst this may be inconvenient, it can reduce the risk of assault and other problems.

** Talk to your child about how to have a good time at a party without coming to harm and reinforce with them that they can enjoy themselves without alcohol or other drugs.

** Discuss backup plans should the party get out-of-control, and the importance of following any directions given to them by a police officer. It is an offence not to comply with the directions of a police officer, and if charged and convicted, could see your child facing a significant fine or imprisonment. Encourage a strong sense of responsibility in your child to do the right thing and look after themselves and their friends. For example, your child could facilitate an early and safe exit for a friend who is intoxicated.

** Remember, it is an offence to supply alcohol to a person under 18 in a public place. If you are caught supplying alcohol to any minor in a public place, you could be slapped with an on-the-spot-fine or have to attend court, where maximum penalties can apply.

If is an offence to supply alcohol to a person under 18 on private property unless you are a responsible adult for the minor (i.e. a parent, step-parent, guardian or adult who has parental rights and responsibilities for the minor) and are responsibly supervising the minor. If police are called to a
party and see the irresponsible supply of alcohol to a minor, police may seize all alcohol, and if you supplied the alcohol, you could face charges in court and a significant fine.

** Talk to your child about the standard of behaviour you expect from them at the party. If your child becomes involved in any out-of-control conduct that causes or contributes to a party becoming out of control, they could be committing an offence and could face a significant fine or imprisonment. They could also be ordered by the court to contribute to the costs incurred by police in responding to the out-of-control party, and if your child is unable to pay the costs, you (as their parent) or guardian, could be called upon to pay.

** Actively monitor your child and what they are doing.

** Discuss what your child should do if they are asked by the party host or organiser to leave the party. If it happens, they should leave immediately without incident.

** It is generally illegal to drink alcohol in a public place (including a park or beach) and if found drinking in public, you could be fined or have to attend court. It is also illegal for a minor - under 18 years of age - to possess or consume alcohol in a public place - it is even illegal for a minor to carry a bottle of wine for you across the road.

** For more information on hosting a safe and lawful party, or registering a Party Safe party with police, go to http://www.police.qld.gov.au/programs/cscp/personalSafety/youth/partySafe/

Produced by the Drug and Alcohol Coordination Unit.

**DISCOVER THE WORLD ON A WEP STUDENT EXCHANGE PROGRAM!**

Are you ready for a bit of excitement and culture in your life? Looking to push your boundaries in 2015? Why not participate in a semester or year-long student exchange program to one of over 20 countries, including popular destinations such as USA, France, Argentina and Italy? Applications for January programs are still open but will close soon! Don't miss out on this once-in-a-lifetime opportunity to do something out of the ordinary, with a WEP high school exchange!

Sarah in Belgium: “I really loved the orientation in Brussels, I had such a fun time. My host family were really welcoming of me and have kept me distracted for the first few weeks, which has helped a lot. In fact, I've barely felt homesick compared to what I was preparing myself for! The students were all very excited to have an Australian around that they could speak English with! during classes I mostly do French”
worksheets that they have given to me, or try to translate the worksheet that the rest of the class is focusing on."

**Early Bird Special!**

WEP is offering students in year 9 to 12 a $500 discount off the 2014/15 program fee towards a semester or year program to any of the following countries departing in July-September 2015: Brazil, Belgium, France, Germany, Italy, Mexico, The Netherlands, Poland, Spain, Norway, Thailand or the USA. Simply submit your full application online before **28 November ’14.**

**Find Out More!**

- Visit [www.wep.org.au](http://www.wep.org.au) and request a FREE information pack for you and your parents. Our brochure contains everything you need to know about WEP’s not-for-profit student exchange programs to help you and your parents make this important decision.
- If you have any questions about any of our exchange programs please feel free to give us a call on 1300 884 733 or email info@wep.org.au.

WEP Australia is a not-for-profit student exchange organisation registered with the Education Departments in VIC, NSW and QLD.

**HAVE FUN, MAKE NEW FRIENDS, **

**AND LEARN ABOUT ANOTHER CULTURE!**

Volunteer to host an international high school student arriving into Australia in July 2014, and you’ll be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for their 3, 5, or 10 month programs from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Spain and Colombia. They will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at [www.scce.com.au](http://www.scce.com.au), email scce aust@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!