When: Wednesday 13\textsuperscript{th} April (Week 1, Term 2)
Where: Moranbah State High School – K Block
Who should attend: Parents (no children please)

The information session will be aimed at assisting and supporting your young person and discuss the following topics:

- What is postvention / why postvention support is important?
- How to identify vulnerability in a young person
- What is resilience / how we can help support resilience in a young person?
- Communication strategies
- Practical support for young people
- Different coping strategies
- Signs of difficulties / warning signs
- Help seeking and where to go for help
- Q&A time for parents

The school guidance officer and other counsellors will be available to talk to parents about programs running in the school, their role, how to make a referral, etc.

If you require further information, please do not hesitate to contact the office on 4949 2111.

Kind regards,

Felicity Roberts
Principal